

SPORTS MEDICINE

We serve as team physicians for many high schools, colleges, universities, and professional teams and are actively involved in providing state-of-the-art sports medicine care to our local communities. Many of our athletes have achieved impressive success at the high school, collegiate, and national levels. We take pride in their achievements but find it just as rewarding every time we are able to help student-athletes, fitness buffs, and weekend warriors recover from their sports injuries, get back action, and achieve their personal goals.

“THE NON-CUTTING EDGE”

95% or more of all sports related injuries are successfully treated WITHOUT SURGERY. As NON-SURGICAL specialists, our physicians possess the skills, training, and experience to quickly and effectively diagnose and treat injured athletes and quickly return them to their sport and fitness activities. Since our physicians don't do surgery, they are in the best position to determine whether or not surgery is necessary and offer useful guidance for selecting the best and most appropriate surgeon when surgery is necessary.

LEADERS IN THE FIELD

Our care for athletes of all ages, sizes, and sports we serve extends well beyond the playing field, practice field, and gym. We are actively involved in educating physicians, athletic trainers, and other health professionals in the field of sports medicine. Our nationally accredited and highly competitive SPORTS MEDICINE FELLOWSHIP, ATHLETIC TRAINING CLINICAL PRACTICUM, and GRADUATE MEDICAL EDUCATION clinical rotations for physicians highlight our commitment to excellence. Our physicians hold leadership positions in sports medicine organizations at state and national levels including the NJSIAA Medical Advisory Committee, American College of Sports Medicine, and Physiatric Association of Sports, Spine, and Occupational Rehabilitation. Our participation in sports medicine education, research, publications, and community outreach enables us to offer our athletes the best medical care available anywhere.

THE NEW JERSEY SPORTS MEDICINE INSTITUTE

Opening in Verona, NJ in September of 2005, the Institute, under the medical leadership of Gerard A Malanga, MD, will serve as the centerpiece for our sports medicine services. With over 5000 square feet of state-of-the-art space, equipment, and personnel we are dedicated to using a team approach for the PREVENTION, DIAGNOSIS, TREATMENT, and REHABILITATION of sports related injuries and disorders. Our vision is for the NEW JERSEY SPORTS MEDICINE INSTITUTE to be the premier Sports Medicine and Performance Center in New Jersey by combining compassionate clinical care, education and research.